

SAIF Care

At life's most difficult time

We provide:

- **A Bereavement Care Line**
*Monday to Friday 9am to 9pm
on 0800 917 7224*
- **Email Support**
*Monday to Friday 9am to 9pm
at help@saifcare.org.uk*
- **An Online Chat Box**
*which can be found on saif.org.uk,
funeraladvice.org and saifcare.org.uk*



*For face-to-face counselling or details
of your nearest bereavement support group
please speak to your local independent funeral director*

Freephone: **0800 917 7224**

Email: **help@saifcare.org.uk**


Professional Help
Supporting Organisations